

## Jahla B. Osborne, B.S., M.S.

University of Michigan  
Department of Psychology  
[jahlao@umich.edu](mailto:jahlao@umich.edu)

### EDUCATION

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- 2020-Present**      **University of Michigan | Ph.D. Candidate**  
Department of Psychology | Area: Cognition & Cognitive Neuroscience  
Expected Graduation: 2025
- Master's Thesis: *The Relative Influence of Different Sources of Distraction in Attention Deficit Hyperactivity Disorder*  
Advisors: John Jonides, Ph.D. | Priti Shah, Ph.D.
- 2015-2018**      **University of Denver | Bachelor of Science** (Departmental Honors)  
Major: Psychology | Minors: Chemistry, Biological Sciences  
Concentration: Cognitive Neuroscience
- Honors Thesis: *Attention-Deficit/Hyperactivity Disorder: Understanding the Influence of Processing Speed on Functional Impairment*  
Advisor: Lauren McGrath, PhD
- 2014-2015**      **United States Military Academy at West Point (Army)**  
Coursework & Basic Training Completed

### AWARDS

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- 2022**    **NSF GRFP Honorable Mention** | National Science Foundation
- 2022**    **Rackham Graduate Student Research Grant (\$1,500)** | University of Michigan
- 2021**    **J. Frank Yates Student Conference Award (\$1,000)** | Psychonomic Society
- 2021**    **Psychology Summer Research Award (\$2,000)** | University of Michigan
- 2020**    **Rackham Merit Fellowship** | University of Michigan
- 2019**    **Diversifying Psychology Visit Day Selected Attendee** | University of Virginia
- 2018**    **Diversity Recruitment Weekend Selected Attendee** | University of Michigan
- 2018**    **Outstanding Research Award** | University of Denver
- 2016**    **Psychology Distinction Program** | University of Denver
- 2016**    **Psychology Recognition Award** | University of Denver
- 2014**    **National Defense Service Medal** | U.S. Army, United States Military Academy

### RESEARCH POSITIONS

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- 2020-Present**      **Graduate Student Researcher | Basic & Applied Cognition Lab**  
University of Michigan | Department of Psychology  
Advisor: Priti Shah, Ph.D.
- 2020-Present**      **Graduate Student Researcher | Cognitive Neuroimaging Lab**  
University of Michigan | Department of Psychology  
Advisor: John Jonides, Ph.D.

**2018-2020**                      **Clinical Research Coordinator | Obstetrics Research Team**  
University of Colorado School of Medicine | Aurora, CO  
Supervisor: Jocelyn, Phipers, RN

**2017-2018**                      **Undergraduate Honors Student | L.E.a.R.N. Lab**  
Learning Exceptionalities and Related Neuropsychology  
University of Denver | Denver, CO  
Advisor: Lauren McGrath, Ph.D.

## PUBLICATIONS

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**Osborne, J.,** Zhang, H., Shah, P., Jonides, J. (In-Preparation). The Relative Influence of Different Sources of Distraction in Attention Deficit Hyperactivity Disorder.

**Osborne, J. B.,** & Bailey, B. A. (2021). Does it matter when I quit? Could I just cut down some?                      Links  
between trimester-specific smoking amount, preterm birth, and low birth weight. *Birth Defects Research*,  
1–8. <https://doi.org/10.1002/bdr2.1958>

Hupfeld, K., Abagis, T., **Osborne, J.,** Tran, Q., & Shah, P. (Accepted). Hyperfocus: The ADHD Superpower. *Frontiers for Young Minds*.

## PRESENTATIONS & POSTERS

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**Osborne, J.,** Zhang, H., Shah, P., Jonides, J. (2021). The Relative Influence of Different Sources of Distraction in Attention Deficit Hyperactivity Disorder. Poster presented at the 62nd Annual Psychonomic Society Conference.

**Osborne, J.** (2019). Does it Matter When I Quit? Understanding Trimester Specific Smoking and Preterm Labor. Poster presented at the University of Colorado Obstetrics & Gynecology Research Retreat, Denver, CO.

**Osborne, J.** & McGrath, L. (2019). Attention-Deficit/Hyperactivity Disorder: Understanding the Influence of Processing Speed on Functional Impairment. Poster presented at the Rocky Mountain Psychological Association Convention, Denver, CO.

**Osborne, J.** & McGrath, L. (2019). Attention-Deficit/Hyperactivity Disorder: Understanding the Influence of Processing Speed on Functional Impairment. Talk delivered at the University of Denver Departmental Distinction Program Presentations, Denver, CO.

## TEACHING POSITIONS

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**Fall 2022**                              **Graduate Student Instructor**  
Decision Making Processes | PSYCH 449  
University of Michigan | Department of Psychology  
Lead Instructor: Audrey Michal, Ph.D.

**Summer 2022**                      **Instructor**  
R Stats Workshop | More than “Hello World”: Basic Data Analyses in R  
Summer Research Opportunity Program (SROP)  
University of Michigan | Rackham Graduate School

**Winter 2022**                      **Graduate Student Instructor**  
Decision Making Processes | PSYCH 449

University of Michigan | Department of Psychology  
Lead Instructor: Audrey Michal, Ph.D.

**Fall 2021****Graduate Student Instructor**

Introduction to Cognitive Psychology | PSYCH 240  
University of Michigan | Department of Psychology  
Lead Instructor: Audrey Michal, Ph.D.

**Winter 2021****Graduate Student Instructor**

Introduction to Cognitive Psychology | PSYCH 240  
University of Michigan | Department of Psychology  
Lead Instructor: Taraz Lee, Ph.D.

**MENTORING POSITIONS**

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**2022****Academic Advisor**

Psychology Student Academic Affairs Office  
University of Michigan | Ann Arbor, MI  
Supervisor: Kaydee Fry, MA., JD., Esquire.

**2021-2022****Graduate Student Leader**

Summer Research Opportunity Program (SROP)  
University of Michigan | Rackham Graduate School  
Supervisor: Richard Nunn, Ph.D.

**2020****Graduate Student Mentor**

Michigan Association of Psychology Scholars (MAPS)  
University of Michigan | Ann Arbor, MI

**2017****Undergraduate Student Mentor**

Pioneer Prep Leadership Institute  
University of Denver | Denver, CO

**SPECIALTY TRAINING**

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**2022****Training Course in fMRI** | University of Michigan | Ann Arbor, MI**PUBLIC OUTREACH**

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Ward, A. (Host), McCabe, J. (Guest Contributor), **Osborne, J.** (Guest Contributor), Moore, T. (Guest Contributor),  
Becker, A. (Guest Contributor), (2022, March 2). *ADHD Part 2 with How to ADHD, Black Girl Lost Keys, Jahla  
Osborne + more* [Audio Podcast]. Retrieved from <https://www.alieward.com/ologies/adhd2>.

**ATHLETICS**

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**2014-2018****Division I Student Athlete** | Women's Basketball Team

University of Denver | 2015-2018

United States Military Academy - West Point | 2014-2015

## SERVICE

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**2021-23** Secretary | **Black Student Psychological Association (BSPA)**  
**2022-23** Committee Member | **CCN Forum Committee**  
**2022** Committee Member | **CCN Student Issues Committee**  
**2021-22** Committee Member | **CCN Social Committee**  
**2021** Reviewer | **Paediatric and Perinatal Epidemiology**  
**2020** Presenter | **UTEP Flipped Science Fair & Outreach**  
**2019** Volunteer | **Colorado Black Health Collaborative**

## PROFESSIONAL MEMBERSHIPS

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Psychonomic Society  
American Association for The Advancement of Science (AAAS)  
Black In Neuro

## TECHNICAL SKILLS

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R | Excel | Qualtrics | PsychoPy | Python | Mplus | SPSS